



This project has received funding from the European Union's Rights, Equality and Citizenship Programme (2014-2020) under grant agreement 764255 BADEV

BADEV 4TH STEERING MEETING

Warsaw 07-11 January 2019

Participants:

Ann Lind-Liiberg

Anna Frank-Viron

Mari-Liis Mänd

Ave Kasenomm

Laura Celmale

Liga Redliha

Beata Wojtkowska

Anna Klepinowska

Topics of 4rd Steering Committee meeting:

- Improving cooperation between 3 states through mutual learning and shared knowledge by participating in training organized by FDDS.
- Discussing details of web platform development.
- Discussing topics of publishing mutual/similar guidelines in 3 countries. Sharing ideas about different publications.
- Discussing how to evaluate services.
- Discussing budget and additional activities if any planned.
- Introduction to Lighthouse P-MBT Parenting Training.

Welcoming, Beata Wojtkowska – introduction to Barnahus in Warsaw:

Tour around Barnahus in Warsaw.

Barnahus in Warsaw is run by a NGO - Empowering Children Foundation.

Inspired by visiting Child Advocacy Center in USA, in 1992 we opened first Barnahus in Poland with the first child friendly interviewing room. Current staff – 1 social worker, 2 psychiatrist, 1 pediatrician, 9 therapists, 4 lawyers.

Once a week we organize interdisciplinary meeting – our staff makes a plan for family therapy, case manager is the first therapist who had contact with the case.

Currently we have around 200 children under care. Usually it's up to 3 weeks for the first therapy meeting.



This project has received funding from the European Union's Rights, Equality and Citizenship Programme (2014-2020) under grant agreement 764255 BADEV

We offer individual therapy, group therapies – trauma Focus CBT, support groups of mothers, groups for parents and children, art therapy for teenagers, groups for migrant and refugee families.

We have renovated our basement and arranged it into room for dance therapy – we start this therapy in the summer.

In our Barnahus we have 2 therapists that consult only cases related with internet problems.

We rent child friendly interviewing room to the courts. Because we are a NGO we are outside the system, so we can't interfere with the interviewing. We train judges, prosecutors, forensic psychologists. In Poland there is no law for the psychologists, so sometimes forensic psychologists are not well prepared.

We prepare children for the interview. Sometimes instead of interviewing the child we do the psychological evaluation of the child.

In Poland government is very right-winged, focused on "protecting" families, so any interference with family will not be supported. Financially we are mainly supported by: private companies, local government, individual donors, other NGO.

Support scheme:

Report the crime (usually the parents, if they don't want to, we are obliged to) → preparation for the interviewing → interview → therapy

In Poland and Latvia Dardedze and EFC can't participate in the interviewing, they can't watch the interview recording etc.

Final conference

Ann Lind-Liiberg

Previously we all agreed for the conference date - 30.10 but nothing is set yet. In the project there's no main topic, so we can choose which topic would be most relevant. We all work for the children and youth, so maybe it would be a good idea to focus conference theme on youth. It would be good to get information from youth and involve them in campaigning to youth. We still don't have a good practice how to evaluate Barnahus work by the youth. In Tallinn there will be a youth conference – maybe we can somehow combine those two, so we won't duplicate the themes.

Maybe target group is youth aged 9-15? Poland and Latvia have budget for only 2 people participating in the conference. Poland won't send a child to the conference, every child must be accompanied by a parent/guardian.

We can discuss prevention programs, child participation in evaluation. We can cooperate with school boards network – there are only youth representatives in the boards – and also with leaders of the youth organizations.

In Estonia we have a national document about child participation. The ministry sends the documents to the target group that are interested to consult. For example – what's the proper age for abortion without parents approval – the document was sent to school boards.



This project has received funding from the European Union's Rights, Equality and Citizenship Programme (2014-2020) under grant agreement 764255 BADEV

Maybe we can define what we want to say and then we can define the target group – youth? Organizers for youth?

Deadline 10.02 for ideas for the conference.

Beata Wojtkowska

One organization developed a brochure with 6 modules how to engage child rights in the organization – **Beata will send a link.**

Platform

Web platform is being developed as planned. **Ann Lind-Liiberg sends the translation for the platform therapy descriptions as soon as it's finished in .**

Reporting

11 half of January – Ann sends filled up form as an example how to fill in the form for the progress report (*already done*)

15.02 – progress report I version

28.02 – progress report

Developing guidelines

First topic: children-abusers. We don't have enough know-how. We don't have organizations that we can refer parents to. It's an important issue, but we are not ready to develop that kind of material.

Second topic: materials for mothers – high risk low knowledge – if the father or man in the family is an abuser. How to support your child through the process and therapy. Care givers role in the therapy and whole process.

Everyone agreed that developing materials for care givers is a good idea and that kind of material would be useful.

Campaigns

Ann Lind-Liiberg

We made a small campaign in cooperation with popular tv news presenters who made 20 seconds video where they talk about noticing children. Videos in buses, youtube, cinemas, we are waiting for free broadcasting time on tv.

In Estonia we have around 250 child protection workers, so in theory we have talked to all of them, but still it's not easy to convince them that child abuse is a serious issue.



This project has received funding from the European Union's Rights, Equality and Citizenship Programme (2014-2020) under grant agreement 764255 BADEV

Anna Frank-Viron

Presenting the idea of new Lastemaja design. New design, more child-friendly. Using bunny motive in all materials – business cards, leaflets, brochures, t-shirts etc. All materials also contain helpline number.

Beata Wojtkowska

Presenting selected campaigns run by Empowering Children Foundation.

We usually run campaigns for fundraising. You can't do many social awareness campaigns, because people lose interest. We don't have movies for professionals etc. but we would like to do one.

In our Foundation we have separate PR and fundraising departments, so this area of our activity is well developed. If we don't have funding for the campaign we ask creative agencies to work with us pro bono. Big companies that support us have a special tailor made offer from us. They give us donations or help us other ways and we give them for example trainings for their employees as parents how to raise children etc.

We use different communication channels. Usually we use internet, social media. Link to Foundations youtube with campaigns - <https://www.youtube.com/user/DzieciNiczyje>

Online fundraising campaigns have this advantage that when people see it they can instantly transfer money. When they see a commercial on tv or billboard they need to make an extra effort to transfer money.

We evaluate our campaigns quantitatively – media report with numbers how many people watched the video etc. We have evaluated few campaigns qualitatively – we asked parents do they talk with children about private parts, and then we launch the campaign, then we ask parents again and see if there's a change. But we can't be sure if the campaign is the factor that affected them and they're not the same parents.

In Poland we don't have sexual education in schools, that's why our campaigns address those issues.

Anna Frank-Viron

Sexual education in Estonia

Anti-bullying program is very common in Estonia, also used in kindergartens. Part of this manual is a recommendation for using massages, between peers but also teacher-child. It's controversial.

Authors of the program asked social board for opinion – it's not obvious because the rule is not to touch my body.

There is a kindergarten teacher that has a program providing sexual education with songs. It's also controversial.



This project has received funding from the European Union's Rights, Equality and Citizenship Programme (2014-2020) under grant agreement 764255 BADEV

Evaluation

Every country have different services to pilot and evaluate:

Estonia

1. Service for children – victims of abuse or possible victims
2. E-counselling, individual counselling, group counselling

Estonia didn't start the evaluation yet. A little bit regarding e-counselling.

Latvia

1. Exploratory interviews (before police investigation) – it's a new service as a part of regular psychological assessment. Latvia would like to see if it speeds up the process.

Latvia has 2 forms, one is basic and is filled by social services, one is filled by Barnahus. Latvia needs to develop specific guidelines how to handle data? Who should collect data? How to share information? In general, social services share information system with the police. But sometimes social services won't put all the information, because they don't want the police to see everything social services know. Social services can't see the police information. Barnahus is not a part of this system.

Not abusive parent decides if child can get help from social services (they decide about therapy etc.). Barnahus consider that based on the Convention on the Rights of the Child that's child best interest to get therapy etc. even without parents' consent. But sometimes there are conflicts.

Barnahus talks to social services to decide which information is needed to fill in the forms. Not the whole form should be filled before the interview.

2. Pilot of individual and group therapy for narrative therapy

Poland

1. Pilot of individual and group therapy for narrative therapy
2. Pilot of individual and group therapy for attachment therapy

Poland now evaluates symptoms of trauma children. Therapist after the first meeting will tick which symptoms child has and then after some time intervals we will repeat. **We have a survey, we can translate and send it.**

This evaluation is based on the observation , there is no age limit for the child.

We plan to evaluate whole therapy after it is finished. The age limit will be set, but we haven't decided yet. We also consider which tool would be better. Interview would be good, but there are some issues – if a child didn't like the therapist they might not be honest about how satisfied they were with therapy. In that case maybe interview can be led by a different person, but this would be another person that child has to talk to. It would be difficult. We consider a short survey – child would write down the answers, it might be more comfortable and child might be more open.

We have a database, therapist is putting there basic information about the case and will also put information from the survey, so the symptoms would be automatically summarized.



This project has received funding from the European Union's Rights, Equality and Citizenship Programme (2014-2020) under grant agreement 764255 BADEV

We can send our form that every client fills up. At the beginning we gather many information, but now we gather information that is crucial to child's healing. We don't interview, so we don't have all the data. We just need basic information to verify if we can accept this person.

We don't want to gather many information, because court might ask us to send therapy information. But we don't want to send it without context and explanation. When courts ask us we say that the therapist can testify. Because we are out of the system, we don't gather medical information, we don't gather psychiatrist information or social worker information. We informally exchange information, without writing.

In Poland when a parent doesn't want to get help from us we can write to court for them to check the family situation.

Estonia

In Estonia child visit Barnahus and then gets a therapy. Therapist are not from the Barnahus team. After visiting Barnahus, therapist talks with child about what happened etc., if we want to evaluate the Barnahus work maybe we can ask therapist to talk to they can also ask how they evaluate the Barnahus. After the therapy Barnahus could talk again to the child and assess the therapy.

Estonia thought about tablet-survey but they not sure if a child will believe that it is anonymous. Estonia thought about letter that child takes home and they can wrote back from home, but children might not be focused on it, also return rate of that kind of survey is very low. Maybe evaluation via e-counselling? Maybe a chat or a website? When a child contacts helpline via chat, after they finish conversation there is a "pop up" with a satisfactory survey.

Estonia evaluates e-counselling, but not all calls. Also they evaluate if the help line is known and from where people get the information.

Estonia will also send their surveys.

Evaluation of therapies - Gerry Byrne will share his methods of metallization evaluation with us.

Beata Wojtkowska

We need to contact narrative therapy expert to ask if and what kind of methods of evaluation they use. And if they can share some tools. We will discuss it during the training in Poland. Trainee from Latvia would like to participate in this discussion.

We can also consider some form of evaluation of forensic interviews. In CAC in Calgary they just assess quantitatively - the time between report and interview. Poland it outside the system, so it's not easy, Latvia might get that kind of information from the police.



This project has received funding from the European Union's Rights, Equality and Citizenship Programme (2014-2020) under grant agreement 764255 BADEV

Dates and tasks:

- Ann sends the translation for the platform
- Beata will send a link to a brochure with 6 modules how to engage child rights in the organization.
- Beata will send evaluation surveys for the clients used in Barnahus in Warsaw.
- Ann will send their evaluation survey.
- II half of January – Ann sends filled up form as an example how to fill in the form (*already done*)
- 10.02 deadline for ideas for the conference
- 15.02 – progress report I version
- 28.02 – progress report
- March – discussion about which tools choose to evaluate services
- 22-23.08 next steering in Warsaw